

CHECKLIST FOR COMPETITIONS

PRIMARY & BEGINNERS & NOVICE

Highland: (P.B., P.B. & High Cuts, Sword, Fling, Reel and S.T.)

- Kilt.....
- Waistcoat.....
- Dickey (Lace front) for Vest.....
- Buttons for Vest.....
- Shoes.....
- Socks.....
- Black Panties.....
- Dance Shoes.....
- White Blouse..... (if not wearing a vest)
- Elastics for Socks.....

National: (Lilt, Flora)

- Skirt/White Dress.....
- Underskirt.....
- Vest with Shawl or Shawl for Dress.....
- White Socks.....
- White Panties.....
- Dance Shoes.....
- Clasp for Shawl.....
- Elastics for Socks.....

Hair etc:

- Brush.....
- Hairpins.....
- Elastics.....
- Hair Net.....
- Gel.....
- Hairspray.....
- Wet Facecloth.....
- Lipstick.....
- Rouge.....
- Sandpaper.....
- Safety Pins.....
- ScotDance Card**..... **(Very Important to bring)**
- Pen for Results.....
- Water Bottle.....